



NAMIBIA NATIONAL OLYMPIC COMMITTEE & NAMIBIA COMMONWEALTH GAMES ASSOCIATION

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PRESS RELEASE

For Immediate Release

NNOC-CGA Establishes Medical Commission and Appoints Inaugural Members

WINDHOEK, NAMIBIA, 31 March 2026 – The Namibia National Olympic Committee & Commonwealth Games Association (NNOC-CGA) proudly announces the establishment of its Medical Commission and the formal appointment of four distinguished professionals as its inaugural members. The appointments were officially endorsed by the NNOC-CGA Executive Board on 16 March 2026 and are effective immediately through to 31 December 2028, aligning with the current Olympic quadrennial cycle.

The formation of the Medical Commission represents a strategic advancement in strengthening athlete health governance, safeguarding, and performance support systems within the Namibian Olympic Movement.

Commission Mandate and Advisory Role

The Medical Commission serves primarily as an advisory body to the NNOC-CGA Executive Board on all matters relating to the medical field, athlete health, and welfare. Its role is to provide independent, expert guidance to support informed decision-making at Executive Board level, ensuring that medical considerations are appropriately integrated into the NNOC-CGA's strategic and operational framework.

In particular, the Commission will advise on the interpretation and implementation of International Olympic Committee (IOC) medical policies and guidelines, ensuring that the NNOC-CGA remains aligned with international standards and best practice across all mandated activities and Games environments.

Through this advisory function, the Commission contributes to strengthening governance, enhancing athlete protection, and supporting the delivery of safe, ethical, and high-performance sport systems in Namibia.

The Medical Commission operates in an advisory capacity and is distinct from Games-time medical teams. The appointment of team doctors, physiotherapists, and other medical personnel for NNOC-CGA delegations is undertaken through separate, merit-based processes aligned with the operational requirements of each event.

Commission Leadership and Governance Structure

The Medical Commission will be led by Vice President Gaby Ahrens, who will serve as Commission Lead and formal liaison to the NNOC-CGA Executive Board. In this capacity, she will ensure strategic alignment between the Commission's work and the broader governance, operational priorities, and decision-making structures of the NNOC-CGA.

Ms Ahrens brings a unique combination of athlete representation, governance expertise, and international experience to this role. As a former Olympian and three-time Olympic athlete, she provides direct insight into the demands of elite sport at the highest level.

In addition, her role as a member of the Foundation Board of the World Anti-Doping Agency (WADA), together with her extensive experience in anti-doping governance and athlete advocacy, ensures that the Commission's work remains aligned with global clean sport standards and ethical frameworks.

Her experience in Games-time operations further strengthens the Commission's ability to operate effectively within complex, high-performance environments.



Commission Members

Dr Jurgen Hoffmann – Educational Psychologist

Dr Hoffmann is an Educational Psychologist with specialised qualifications and extensive experience in high-performance sport environments. His expertise lies in mental performance, athlete welfare, and psychological resilience.

He will play a central role in shaping the NNOC-CGA's mental health and safeguarding frameworks, contributing to the integration of psychological support as a core

component of elite athlete preparation.

Dr Ruan Mocke – Senior Physiotherapist

Dr Mocke is a senior and highly experienced physiotherapist with extensive experience working with elite and para athletes. His expertise includes rehabilitation, injury prevention, and performance optimisation across diverse athlete populations.

His specialised knowledge in para sport strengthens the Commission's ability to deliver inclusive and athlete-centred medical support systems, particularly within multi-sport Games environments.

Dr David Weber – Medical Doctor

Dr Weber is a qualified General Practitioner with practical experience in multi-sport Games environments, particularly within boxing, where athlete safety and acute care are critical.

His clinical expertise and experience position him to support the development of robust medical protocols, emergency response systems, and athlete care frameworks.

Ms Victoria Katukula – National Anti-Doping Specialist (ADNA)

Ms Katukula is Namibia's national anti-doping specialist and a leading authority within Anti-Doping Namibia (ADNA). Her expertise spans anti-doping education, compliance, and implementation of the World Anti-Doping Code at national level. Her inclusion ensures that clean sport principles are embedded across all aspects of the Commission's work, reinforcing Namibia's commitment to integrity and athlete protection.

Leadership Statement

"The establishment of the Medical Commission marks a significant milestone in strengthening our athlete support systems. The calibre and diversity of expertise within this Commission reflect a deliberate and strategic approach to athlete welfare, medical governance, and performance support.

As the National Olympic Committee, high performance sport falls directly within our mandate, and it is therefore our responsibility to ensure that Namibian athletes are supported through robust, professional, and internationally aligned systems.

We are confident that this team will enhance the standard of care and ensure that our athletes are supported in a holistic, safe, and high-performance environment as they prepare for international competition."

— Dr Ndeulipula Hamutumwa, President, NNOC-CGA

About the NNOC-CGA

The Namibia National Olympic Committee & Commonwealth Games Association (NNOC-CGA) is the supreme body responsible for the Olympic and Commonwealth Games Movement in Namibia. It is committed to the promotion of sport, the protection of athletes, and the upholding of the values of Olympism across the nation.

Issued by:

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